IONA KEWNEY MOVEMENT WORKSHOPS. +44/7940267707.

’Methods of movement through physical training to:

-Inner visions.

-Becoming the other /transformations.

-Lived information and emotion.

-Deconstruction of technique for quality of abandon and control.

-Body segmentation movement and physical displacement.

-Improvisation structures.

-The anatomy of states

-Movement from the inside out.

-speeds and timing.

-shapeshifting.

-control and disorder.

-Physical trainings and stretching.

-Use of the individual’s techniques and body vocabulary to reinvent and create their own methods of movement.

-how to shape a bigger space than just the dance/content and ways of projecting or concealing the weight of thought.

-drawing the body in space and timing and its capacity for change.

BASE CONTENTS - hand balancing, movement, floorwork action, stretching, alternative physicality, sport and active dreaming. Improvisation set ups.’

Iona has been performing her body of movement visions, physical trainings and idiosyncratic performance strategies through various stages of her life; from art to very physical performance art /acts of endurance and limitations, art installations to dance, circus, theatre and experiment in formats of installations, clubs, grand theatres and churches, black boxes, museums, outdoors, alternative spaces, art galleries and the usual international contemporary dance, circus and theatre venues and festivals.

One of her first full length solos, with music created with Barry 7 of Add N to (X), was at St. Marks Church NY in 1999 New York Improvisation Festival of Dance. Since, she has been performing unique one off shows internationally for the past 18 years with various musicians, installations, artwork, texts.

Always with a highly visceral and emotive language.

Combining different art forms and vision through theories of art and life and improvisation, the driving fire, mistakes, chances and the relentless energies of physicality: its limits, its desires, longing, hauntings, oddities, capabilities ,,,,

Heavy factors of searching the inside out of the body, power and fragility, its capabilities twisted by thought and manipulated by external and internal desire and reason and random.

Seeing from the inside eye the fight, flight and decisions making in time and space.

The art of being in the moment and going as far with the body (or mind) until it develops into another train of thought, another direction, satisfaction, being truly in the moment but being a beat ahead of the ‘unsuspected coming’ the live development -how to get out the hole or be dug on in under.

Duncan of Jordanstone College of Art and Design. Fine Art. Dundee 1991-1995.

School for New Dance Development. SNDO. Amsterdam 1996-1998.

Iona Kewney Company Solos 1998-2017 present ongoing international performances >>

Wim Vandekeybus/Ultima Vez. 2000.2001.2002.

Cirkspiloterna (doch), Stockholm. 2003-2005.

Alain Platel /Les Ballets C de La B. 2005.2006.2007.

Knights of The Invisible (Iona Kewney and Joseph Quimby) 2009-2015.

Circus Next /Jeune Talents du Cirque Laureate 2012/2013.

Creative Scotland Quality Productions Funding Award 2014/2015. British Dance Edition Research Award 2010. Choreographic Futures Award 2012.

Iona Kewney Company 2016>>>

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FULL WEBSITE [www.ionakewney.com](http://www.ionakewney.com)

FACEBOOK PAGE <https://www.facebook.com/ionakewneyartist/>

ART <https://www.behance.net/Ionakewney>